# CAS Experience proposal form

# Name Mitchell Long Session number

This form provides the opportunity for you to show and explain how you will plan and meet the CAS outcomes via this activity. You include this form as part of your CAS evidence.

# Proposal details:

This Section explains your proposed activity and how it meets the requirements for an appropriate CAS activity. You should also make specific reference to the type of CAS experience and strand. Before completing this section, ensure that you have read the section [CAS Stages](https://ibpublishing.ibo.org/server2/rest/app/tsm.xql?doc=d_0_casxx_gui_1503_2_e&part=2&chapter=2) in the CAS Subject Guide to achieve this:

This CAS activity contributes to my service aspect of my CAS. It involves travelling to the Northern Territory for a week to be ‘immersed’ in the Aboriginal culture of Australia as well as contribute in a positive way to some of its people. The service aspect of the trip is when we go over there, we’ll help build a home for one of the family members of the tour guides we’re travelling with as well as some sort of irrigation for a farm. This is so that the house can be used for the person to retire to. This mightn’t seem like a big deal, but it allows them to stay on land, rather than having to travel to Alice Springs to live in a house that isn’t really their home. The other aspect of the tour is just getting an appreciation for the Aboriginal culture; that includes understanding it a bit better as well as appreciating the harsh reality of the tough lives of many indigenous people.

## 1. Investigation

|  |  |
| --- | --- |
| Guiding questions | Response |
| What are your interests, skills and talents that relate to this CAS activity? | I don’t really have any skills when it comes to constructing anything nor do I have much knowledge of Aboriginal people, which is why I think this tour has interested me so much. |
| What are your areas of personal growth and development for this this activity? | Judging from my response above, I’m going to learn a whole lot of things on this tour, including practical skills as well as general knowledge. |
| What does this CAS activity involve and what need does this address? | Obviously the need that it addresses is helping a family out |
| Is this an external activity?  Are you planning to undertake an activity that has not been organised by NC? | No, this activity is organised by the school. |

## 2. Preparation

|  |  |
| --- | --- |
| Guiding questions | Response |
| What are the roles and responsibilities for this activity? | The responsibility that I have is to make sure I get all my forms in and when I’m on the tour, make sure I’m responsible and don’t do anything stupid. |
| What is your plan of action? You can also attach an additional document here if needed. | I don’t actually have to plan anything myself, but I need to make sure that I approach everything with an open mind when I’m in the territory as well as a willingness to learn, otherwise I won’t get anything out of it. |
| What skills will you need to undertake this activity? | I don’t need any formal skills to undertake this activity, but some handiwork skills would be useful. |
| What are the key dates, timelines and / or resources you will need? | The tour runs from the 25th of June to the 2nd of July 2016. We need to have all the forms and payments in before the 10th of June. |

## 3. Action

This section helps you plan how you will undertake your activity. Outline a plan of how this activity will occur and any other important information in the box below:

Like I mentioned earlier, there isn’t a lot of planning that needs to be done on my behalf. The entire activity is school organised and run, and so for me, the only thing that I’ve really got to do is turn up. The only responsibility that I have is to make sure that I get all my forms in on time. After that, I’ve just got to make sure that I follow the packing list given to us as well as approach the tour with a mindset that will allow me to learn new things.

## 4. Reflection and 5. demonstration

Use this section to explain how you will demonstrate completion of the activity and the types of evidence you will use.

I’ll reflect on the activity once it is completed, at the end of semester 1 of year 11. The evidence that I’ll use to show that I went on the tour will mainly be in the form of photos. There should be group and individual photos, as well as photos of the people we met and the landscape we saw.

# CAS advisor comments:

# Is the Activity approved?

☐ YES: Go ahead

☐ With provisions: details are listed below and confirm before starting your project:

Top of Form

☐ NO: explanation provided below:

Bottom of Form

CAS advisor signature and approval:

|  |  |
| --- | --- |
| Name: | Date: |