# CAS Experience proposal form

# Name Mitchell Long Session number

This form provides the opportunity for you to show and explain how you will plan and meet the CAS outcomes via this activity. You include this form as part of your CAS evidence.

# Proposal details:

This Section explains your proposed activity and how it meets the requirements for an appropriate CAS activity. You should also make specific reference to the type of CAS experience and strand. Before completing this section, ensure that you have read the section [CAS Stages](https://ibpublishing.ibo.org/server2/rest/app/tsm.xql?doc=d_0_casxx_gui_1503_2_e&part=2&chapter=2) in the CAS Subject Guide to achieve this:

This activity was sprung upon us quite quickly. Our head of house came up to us in mentor and asked us to make a short video where we filmed a skit of the boys in year 8 re-enacting the story of the prodigal son. It was something that we had to organise very quickly and get done within a week, so I didn’t have that much of an opportunity to plan the activity that much.

## 1. Investigation

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| --- | --- |
| Guiding questions | Response |
| What are your interests, skills and talents that relate to this CAS activity?  | I made a film last year as part of my English course, so I’ve had some experience in that regard, but it was certainly going to be a challenge doing it in the time we had. |
| What are your areas of personal growth and development for this this activity? | I think the greatest area for personal growth is when it comes to organisation, rather than any sort of improvement in my film-making ability. The most difficult thing would be organising everyone to be able to get the activity done. |
| What does this CAS activity involve and what need does this address? | This CAS activity involves making a short-video of a drama skit, but it does not necessarily address a particular need outside of needing it in our house chapel. |
| Is this an external activity?Are you planning to undertake an activity that has not been organised by NC?  | No, this activity is organised and carried out within the school. |

## 2. Preparation

|  |  |
| --- | --- |
| Guiding questions | Response  |
| What are the roles and responsibilities for this activity? | My role was to organise the year 8 boys and edit the film afterwards. Other boys were in charge of bringing in clothes to wear and filming the movie. |
| What is your plan of action? You can also attach an additional document here if needed.  | Like I mentioned earlier, there was a limited opportunity to plan anything, so we had to just try and do everything as quickly as possible. |
| What skills will you need to undertake this activity? | I needed good organisational skills to complete this activity as well as some competence with an editing programme to edit the film afterwards. |
| What are the key dates, timelines and / or resources you will need? | The only real key date is Manton’s house chapel evening, which is on Wednesday the 16th of March. |

## 3. Action

This section helps you plan how you will undertake your activity. Outline a plan of how this activity will occur and any other important information in the box below:

There isn’t much to say in this section because of the small time constraint. After putting my name down to help out with this activity, I quickly had to start going to different mentor classes to get boys who were happy to act in the skit. Then we filmed it as quickly as possible to get some sort of footage. Then, at least the night before the chapel service, I’ll start editing the film to then put it on a usb to give to the chaplain, who’ll add it to his power-point.

## 4. Reflection and 5. demonstration

Use this section to explain how you will demonstrate completion of the activity and the types of evidence you will use.

I’ll reflect on this activity after we finish the short film, at the end of the semester. To demonstrate my involvement in the activity, I’ll upload the actual video on to my CAS ePortfolio, where it can be viewed. It won’t be any master-piece, but shouldn’t be too bad given the time we had to do it.

# CAS advisor comments:

# Is the Activity approved?

☐ YES: Go ahead

☐ With provisions: details are listed below and confirm before starting your project:

Top of Form

☐ NO: explanation provided below:

Bottom of Form

CAS advisor signature and approval:

|  |  |
| --- | --- |
| Name: | Date: |