# CAS Experience proposal form

# Name Mitchell Long Session number

This form provides the opportunity for you to show and explain how you will plan and meet the CAS outcomes via this activity. You include this form as part of your CAS evidence.

# Proposal details:

This Section explains your proposed activity and how it meets the requirements for an appropriate CAS activity. You should also make specific reference to the type of CAS experience and strand. Before completing this section, ensure that you have read the section [CAS Stages](https://ibpublishing.ibo.org/server2/rest/app/tsm.xql?doc=d_0_casxx_gui_1503_2_e&part=2&chapter=2) in the CAS Subject Guide to achieve this:

There are two aspects to my service commemorating ANZAC Day. The first is spending the day in the city handing out rosemaries to the public on ANZAC Day, which people can pay for and the money raised goes towards Legacy. This is service for obvious reasons as it is voluntary work and we’re helping raise money for a charitable organisation. The second thing that I’m doing is being a part of the Catafalque Party for Newington’s ANZAC Day celebration. This will require some rehearsal time, and so is a bigger commitment than just the day spent in the city.

## 1. Investigation

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| --- | --- |
| Guiding questions | Response |
| What are your interests, skills and talents that relate to this CAS activity? | I’m currently in cadets, so that is what’s interested me in carrying out this CAS activity. It does not take much skill however to hand out rosemaries, but I do require some sort of co-ordination to be in the Catafalque Party. |
| What are your areas of personal growth and development for this this activity? | I know a bit about ANZAC Day and what it represents, but I certainly don’t pretend like I’m an expert, so there’s plenty for me still to learn. |
| What does this CAS activity involve and what need does this address? | As I mentioned earlier, this CAS activity involves spending the day in the city on ANZAC Day as well as rehearsing for the catafalque party in the weeks leading up to Newington’s ANZAC Day Parade. |
| Is this an external activity?  Are you planning to undertake an activity that has not been organised by NC? | No, this activity is organised and carried out within the school. |

## 2. Preparation

|  |  |
| --- | --- |
| Guiding questions | Response |
| What are the roles and responsibilities for this activity? | I have to go into the city for a day to hand out rosemaries on ANZAC Day as well as attend rehearsals for the Catafalque Party. |
| What is your plan of action? You can also attach an additional document here if needed. | Obviously I don’t have to plan much for handing out rosemaries except putting my name down and going in to the city. For the Catafalque Party, I had to first put my name down and then from all the boys who volunteered, it was narrowed down to six, and so I had to make sure that I was one of those six boys by making sure my drill was up to scratch. |
| What skills will you need to undertake this activity? | I don’t need any skills to hand out rosemaries, but I do need to know the drill associated with the Catafalque Party; in other words, the slow march, the quick march, and the different gun positions. |
| What are the key dates, timelines and / or resources you will need? | ANZAC Day is on the 25th of April, and so I’ll have to be in the city on that day. The Catafalque Party and ANZAC Parade is on the 27th of April, and so I’ll have to be ready for that having gone to the rehearsals in the weeks prior. |

## 3. Action

This section helps you plan how you will undertake your activity. Outline a plan of how this activity will occur and any other important information in the box below:

All the action for this activity can be seen above. I’ve got to sign up for the Catafalque Party in the middle of term 1. We’ll then rehearse the drill for the Party for the next few weeks. Then, on the 25th of April, I’ll go in to the city to hand out rosemaries for ANZAC Day. Then, two days later, I’ll be in the Catafalque Party for Newington’s annual ANZAC Day Parade.

## 4. Reflection and 5. demonstration

Use this section to explain how you will demonstrate completion of the activity and the types of evidence you will use.

I’ll reflect on this activity the semester that it is completed, talking about what I got out of it and how it developed some of my skills. My main source of evidence will just be photographic; I’ll use photos from handing out rosemaries on ANZAC Day as well as photos of me in the Catafalque Party.

# CAS advisor comments:

# Is the Activity approved?

☐ YES: Go ahead

☐ With provisions: details are listed below and confirm before starting your project:

Top of Form

☐ NO: explanation provided below:

Bottom of Form

CAS advisor signature and approval:

|  |  |
| --- | --- |
| Name: | Date: |